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APPENDIX B

NURSING HOME CRITERIA

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## **APPENDIX B**

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## **APPENDIX B NURSING HOME CRITERIA**

### **INTRODUCTION**

The pre-admission screening process preauthorizes a continuum of long-term care services available to an individual under the Virginia Medical Assistance Program. Medicaid-funded long-term care services may be provided in either a nursing home or community-based care setting.

**The criteria for assessing an individual's eligibility for Medicaid payment of nursing home care consists of two components:**

1. Functional capacity (the degree of assistance an individual requires to complete activities of daily living); and
2. Medical or nursing needs.

To qualify for Medicaid payment for nursing home care, an individual must meet both functional capacity requirements and have a medical condition which requires ongoing medical or nursing management. An exception may be made when the individual does not meet the functional capacity requirement but the individual does have a health condition that requires the daily direct services of a licensed nurse and which cannot be managed on an outpatient basis.

**The criteria for assessing an individual's eligibility for Medicaid payment of community-based care consist of three components:**

1. Functional capacity (the degree of assistance an individual requires to complete activities of daily living);
2. Medical or nursing needs; and
3. The individual's risk of nursing home placement in the absence of community-based waiver services.

To qualify for Medicaid payment for community-based care, an individual must meet both the functional and medical components of the nursing home defined later in the section titled "Evaluation to Determine Eligibility for Medicaid Payment of Nursing Home or Home and Community-Based Care Services." In addition, the individual must be determined to be at risk of nursing home placement unless services under the waiver are offered.

Preadmission screenings are performed by teams composed by agencies contracting with the Department of Medical Assistance Services (DMAS). The authorization for Medicaid-funded long-term care may be rescinded by the nursing home or community-based care

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provider or by WVMH at any point that the individual is determined to no longer meet the criteria for Medicaid-funded long-term care. Medicaid-funded long-term care services are covered by the Program for individuals whose needs meet the criteria established by Program regulations. Authorization of appropriate noninstitutional services shall be evaluated before actual nursing home placement is considered.

Prior to an individual's admission, the nursing home must review the completed pre-admission screening forms to ensure that appropriate nursing home admission criteria have been documented. The nursing home is also responsible for documenting, upon admission and on an ongoing basis, that the individual meets and continues to meet nursing home criteria. For this purpose, the nursing home will use the Minimum Data Set (MDS). The post-admission assessment must be conducted no later than 14 days after the date of admission and promptly after a significant change in the resident's physical or mental condition. If at any time during the course of the resident's stay, it is determined that the resident does not meet nursing home criteria as defined in *the State Plan for Medical Assistance*, the nursing home must initiate the discharge of such resident. Nursing facilities must conduct a comprehensive, accurate, standardized, reproducible assessment of each resident's functional capacity and medical and nursing needs.

DMAS shall conduct surveys of the assessments completed by nursing facilities to determine that services provided to the residents meet nursing home criteria and that needed services are provided.

The community-based provider is responsible for documenting upon admission and on an ongoing basis that the individual meets the criteria for Medicaid-funded long-term care.

The criteria for nursing home level of care under the Virginia Medical Assistance Program are contained herein. An individual's need for care must meet these criteria before any authorization for payment by Medicaid will be made for either institutional or noninstitutional long-term care services. The Nursing Home Preadmission Screening team is responsible for documenting on the state-designated assessment instrument that the individual meets the criteria for nursing home or community-based waiver services and for authorizing admission to Medicaid-funded long-term care.

## **PRE-ADMISSION SCREENING CRITERIA FOR NURSING HOME CARE**

Functional dependency alone is not sufficient to demonstrate the need for nursing home care or placement. Individuals who require the daily direct services of a licensed nurse that cannot be managed on an outpatient basis may meet the nursing home criteria when both the functional capacity of the individual and his or her medical or nursing needs meet the following requirements. Even when an individual meets nursing home criteria, placement in a noninstitutional setting shall be evaluated before actual nursing home placement is considered.

### Functional Capacity

Functional capacity must be documented on the Uniform Assessment Instrument (UAI), completed in a manner consistent with the definitions of activities of daily living and

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directions provided in the *User's Manual: Virginia Uniform Assessment Instrument* for the rating of those activities. The UAI - User's Manual can be downloaded or printed from the DMAS website ([www.dmas.state.va.us](http://www.dmas.state.va.us)). Individuals may be considered to meet the functional capacity requirements for nursing home care when one of the following describes their functional capacity:

1. Rated dependent in two to four of the ADLs, and also rated semi-dependent or dependent in Behavior Pattern and Orientation, and semi-dependent in Joint Motion or semi-dependent in Medication Administration.
2. Rated dependent in five to seven of the ADLs, and also rated dependent in Mobility.
3. Rated semi-dependent in two to seven of the ADLs, and also rated dependent in Mobility and Behavior Pattern and Orientation.

The rating of functional dependencies on the preadmission screening assessment instrument must be based on the individual's ability to function in a community environment, not including any institutionally induced dependence. The following abbreviations shall mean:

I = independent  
d = semi-dependent  
D = dependent

MH = mechanical help  
HH = human help

<b>(1) Bathing</b>	<b>(2) Dressing</b>
(a) Without help <b>(I)</b>	(a) Without help <b>(I)</b>
(b) MH only <b>(d)</b>	(b) MH only <b>(d)</b>
(c) HH only <b>(D)</b>	(c) HH only <b>(D)</b>
(d) MH and HH <b>(D)</b>	(d) MH and HH <b>(D)</b>
(e) Is bathed <b>(D)</b>	(e) Is dressed <b>(D)</b>
	(f) Is not dressed <b>(D)</b>
<b>(3) Toileting</b>	<b>(4) Transferring</b>
(a) Without help day or night <b>(I)</b>	(a) Without help <b>(I)</b>
(b) MH only <b>(d)</b>	(b) MH only <b>(d)</b>
(c) HH only <b>(D)</b>	(c) HH only <b>(D)</b>
(d) MH and HH <b>(D)</b>	(d) MH and HH <b>(D)</b>
	(e) Performed by others <b>(D)</b>
(e) Performed by others <b>(D)</b>	(f) Is not preformed <b>(D)</b>

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<b>(5) Bowel Function</b>	<b>(6) Bladder Function</b>
(a) Continent <b>(I)</b>	(a) Continent <b>(I)</b>
(b) Incontinent less than weekly <b>(d)</b>	(b) Incontinent less than weekly <b>(d)</b>

(c) External/In-dwelling device/ Ostomy self-care <b>(d)</b>	(c) External device self-care <b>(d)</b>
(d) Incontinent weekly or more <b>(D)</b>	(d) Indwelling catheter self-care <b>(d)</b>
(e) Ostomy not self-care <b>(D)</b>	(e) Ostomy self-care <b>(d)</b>
	(f) Incontinent weekly or more <b>(D)</b>
	(g) External device, not self-care <b>(D)</b>
	(h) Indwelling catheter, not self-care <b>(D)</b>
	(i) Ostomy not self-care <b>(D)</b>

<b>(7) Eating/Feeding</b>	<b>(8) Behavior Pattern and Orientation</b>
(a) Without help <b>(I)</b>	(a) Appropriate or Wandering/Passive less than weekly + Oriented <b>(I)</b>
(b) MH only <b>(d)</b>	(b) Appropriate or Wandering/Passive < weekly + Disoriented Some Spheres <b>(I)</b>
(c) HH only <b>(D)</b>	(c) Wandering/Passive Weekly or more + Oriented <b>(I)</b>
(d) MH and HH <b>(D)</b>	(d) Appropriate or Wandering/Passive < weekly + Disoriented All Spheres <b>(d)</b>
(e) Spoon fed <b>(D)</b>	(e) Wandering/Passive Weekly some or more + Disoriented All Spheres <b>(d)</b>
(f) Syringe or tube fed by IV or clysis <b>(D)</b>	(f) Abusive/Aggressive/ Disruptive< weekly + Oriented or Disoriented <b>(d)</b>

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	(g) Abusive/Aggressive/ Disruptive weekly or more + Oriented (d)
	(h) Abusive/Aggressive/ Disruptive + Dis-oriented All Spheres (D)

<b>(9) Joint Motion (NF)</b>	<b>(10) Mobility</b>
(a) Within normal limits (I)	(a) Goes outside without help (I)
(b) Limited motion (d)	(b) Goes outside MH only (d)
(c) Instability corrected (I)	(c) Goes outside HH only (D)
(d) Instability uncorrected (D)	(d) Goes outside MH and HH (D)
(e) Immobility (D)	(e) Confined moves about (D)
	(f) Confined does not move about (D)

<b>(11) Medication Administration (NF)</b>	<b>(12) Medication Administration (ACR)</b>
(a) No medications (I)	(a) Without assistance (I)
(b) Self-administered, monitored < weekly (I)	(b) Administered, monitored by lay person (D)
(c) By lay persons administered/monitored (D)	(c) Administered, monitored by professional staff (D)
(d) By licensed/ professional nurse administered/monitored (D)	

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<b>(13) Behavior Pattern</b>	<b>(14) Instrumental Activities of Daily Living (ACR)</b>
(a) Appropriate <b>(I)</b>	(a) Meal Preparation
(b) Wandering/ passive less than weekly <b>(I)</b>	(1) No help needed
	(2) Needs help <b>(D)</b>
(c) Wandering/ passive weekly or more <b>(d)</b>	(b) Housekeeping
	(1) No help needed
	(2) Needs help <b>(D)</b>
(d) Abusive/ aggressive/ disruptive less than weekly <b>(D)</b>	(c) Laundry
	(1) No help needed
	(2) Needs help <b>(D)</b>
(e) Abusive/ aggressive/ disruptive weekly or more <b>(D)</b>	(d) Money Management
	(1) No help needed
	(2) Needs help <b>(D)</b>

### Medical and Nursing Needs

An individual with medical or nursing needs is an individual whose health needs require medical or nursing supervision or care above the level which could be provided through assistance with Activities of Daily Living, Medication Administration, and general supervision and is not primarily for the care and treatment of mental diseases. Medical or nursing supervision or care beyond this level is required when any one of the following describes the individual's need for medical or nursing supervision:

1. The individual's medical condition requires observation and assessment to assure evaluation of the person's need for modification of treatment or additional medical procedures to prevent destabilization, and the person has demonstrated an inability to self-observe or evaluate, or both, the need to contact skilled medical professionals; or
2. Due to the complexity created by the person's multiple, interrelated medical conditions, the potential for the individual's medical instability is high, or medical instability exists; or
3. The individual requires at least one ongoing medical or nursing service. The following is a non-exclusive list of medical or nursing services which may, but need not necessarily, indicate a need for medical or nursing supervision or care:
  - (a) Application of aseptic dressings;
  - (b) Routine catheter care;
  - (c) Respiratory therapy;
  - (d) Supervision for adequate nutrition and hydration for individuals who show clinical evidence of malnourishment or dehydration or have a recent



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- history of weight loss or inadequate hydration which, if not supervised, would be expected to result in malnourishment or dehydration;
- (e) Therapeutic exercise and positioning;
  - (f) Routine care of colostomy or ileostomy or management of neurogenic bowel and bladder;
  - (g) Use of physical (e.g., side rails, poseys, locked wards) or chemical restraints, or both;
  - (h) Routine skin care to prevent pressure ulcers for individuals who are immobile;
  - (i) Care of small uncomplicated pressure ulcers and local skin rashes;
  - (j) Management of those with sensory, metabolic, or circulatory impairment with demonstrated clinical evidence of medical instability;
  - (k) Chemotherapy;
  - (l) Radiation;
  - (m) Dialysis;
  - (n) Suctioning;
  - (o) Tracheostomy care;
  - (p) Infusion Therapy; and
  - (q) Oxygen.

Even when an individual meets nursing home criteria, provision of services in a noninstitutional setting shall be considered before nursing home placement is sought.

#### Summary of Preadmission Screening Criteria for Nursing Home Care

An individual shall be determined to meet the nursing home criteria when:

1. The individual has both limited functional capacity and requires medical or nursing management according to the requirements of the Preadmission Screening Criteria for Nursing Home Care; or
2. The individual is rated dependent in some functional limitations, but does not meet the functional capacity requirements, and the individual requires the daily direct services or supervision of a licensed nurse that cannot be managed on an outpatient basis (e.g., clinic, physician visits, home health services).

An individual shall not be determined to meet nursing home criteria when one of the following specific care needs solely describes his or her condition:

1. An individual who requires minimal assistance with activities of daily living, including those persons whose only need in all areas of functional capacity is for prompting to complete the activity;
2. An individual who independently uses mechanical devices such as a wheelchair, walker, crutch, or cane;
3. An individual who requires limited diets such as a mechanically altered, low salt, low residue, diabetic, reducing, and other restrictive diets;

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4. An individual who requires medications that can be independently self-administered or administered by the caregiver;
5. An individual who requires protection to prevent him or her from obtaining alcohol or drugs or to address a social or environmental problem;
6. An individual who requires minimal staff observation or assistance for confusion, memory impairment, or poor judgment; or
7. An individual whose primary need is for behavioral management which can be provided in a community-based setting;

#### **EVALUATION TO DETERMINE ELIGIBILITY FOR MEDICAID PAYMENT OF NURSING HOME OR HOME AND COMMUNITY-BASED CARE SERVICES**

Once the Nursing Home Preadmission Screening Team (Screening Team) has determined whether an individual meets the nursing home criteria, the Screening Team must determine the most appropriate and cost-effective means of meeting the needs of the individual. The Screening Team must document a complete assessment of all the resources available for that individual in the community (e.g., the immediate family, other relatives, other community resources, and other services in the continuum of long-term care which are less intensive than nursing home level of care services). The Screening Team shall be responsible for preauthorizing Medicaid-funded long-term care according to the needs of each individual and the support required to meet those needs.

##### Authorization of Nursing Home Services

The Screening Team shall not authorize Medicaid-funded nursing home services for any individual who does not meet nursing home criteria. The Screening Team shall authorize Medicaid-funded nursing home care for an individual who meets the nursing home criteria only when services in the community are either not a feasible alternative or the individual or the individual's representative rejects the Screening Team's plan for community services. The Screening Team must document that the option of community-based alternatives has been explained and the reason community-based services were not chosen. This document must be signed by the client or the client's primary caregivers.

##### Authorization of Community-Based Care Services

The Screening Team shall authorize community-based waiver services only for an individual who:

Meets the nursing home criteria and is at risk of nursing home placement (as defined below) without waiver services. Waiver services are offered to such an individual as an alternative to avoid nursing home admission.

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Federal regulations which govern Medicaid-funded home and community-based services require that services only be offered to individuals who would otherwise require institutional placement in the absence of home and community-based services. The determination that an individual would otherwise require placement in a nursing home is based upon a finding that the individual's current condition and available support are insufficient to enable the individual to remain in the home and, thus, the individual is at risk of institutionalization if community-based care is not authorized. The determination of the individual's risk of nursing home placement shall be documented either on the State-designated pre-admission screening assessment or in a separate attachment for every individual authorized to receive community-based waiver services.

To authorize community-based waiver services, the Screening Team must document that, in addition to the individual's condition meeting the nursing home criteria as described above, the individual is at immediate risk of nursing home placement by finding that one of the following conditions is met:

1. Application for the individual to a nursing home has been made and accepted;
2. The individual has been cared for in the home prior to the assessment, and evidence is available demonstrating a deterioration in the individual's health care condition or a change in available support preventing former care arrangements from meeting the individual's need. Examples of such evidence may be, but shall not necessarily be limited to:
  - a. Recent hospitalizations;
  - b. Attending physician documentation; or
  - c. Reported findings from medical or social service agencies.
3. There has been no change in condition or available support but evidence is available that demonstrates the individual's functional, medical and nursing needs are not being met. Examples of such evidence may be, but shall not necessarily be limited to:
  - a. Recent hospitalizations;
  - b. Attending physician documentation; or
  - c. Reported findings from medical or social service agencies.

#### **CRITERIA FOR CONTINUED NURSING HOME CARE USING THE MINIMUM DATA SET (MDS)**

Individuals may be considered appropriate for nursing home care when one of the following describes their medical or nursing needs and functional capacity as recorded on the Minimum Data Set (MDS) of the Resident Assessment Instrument that is specified by the Commonwealth of Virginia:

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**A. Functional Capacity:**

1. The individual meets criteria for two to four of the Activities of Daily Living, plus Behavior and Orientation, and Joint Motion; or
2. The individual meets criteria for five to seven of the Activities of Daily Living and also for Locomotion; or
3. The individual meets criteria for two to seven of the Activities of Daily Living and also for Locomotion, and Behavior and Orientation. An individual in this category will not be appropriate for nursing home care unless he or she also has a medical condition requiring treatment or observation by a nurse.

- B. Medical or Nursing Needs:** The individual has health needs which require medical or nursing supervision or care above the level which could be provided through assistance with activities of daily living, medication administration and general supervision, and is not primarily for the care and treatment of mental diseases.

Definitions to Be Applied When Completing the MDS

**A. Activities of Daily Living (ADLs):**

1. Transfer (§E (1)(b)). In order to meet this ADL, the individual must score a 1, 2, 3, 4, or 8 as described below:
  - a. (0) Independent: No help or oversight OR help or oversight provided only 1 or 2 times during last 7 days;
  - b. (1) Supervision: Oversight, encouragement or cueing provided 3+ times during last 7 days OR supervision plus physical assistance provided 1 or 2 times during last 7 days;
  - c. (2) Limited assistance: Resident highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3+ times OR more help provided only 1 or 2 times during last 7 days;
  - d. (3) Extensive assistance: While resident performed part of activity, over last 7-day period, help of following type or types was provided 3 or more times: weight-bearing support or full staff performance during part (but not all) of last 7 days;
  - e. (4) Total dependence: Full staff performance of activity during entire 7 days; or
  - f. (8) Activity did not occur during the entire 7-day period. Use of this code is limited to situations where the ADL activity was not performed and is primarily applicable to fully bedbound residents who neither transferred from bed nor moved between locations over the entire 7-day period.

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2. Dressing (§E(1)(d)). In order to meet this ADL, the individual must score a 1, 2, 3, 4, or 8 as described below:

- a. (0) Independent: No help or oversight OR help/oversight provided only 1 or 2 times during last 7 days;
- b. (1) Supervision: Oversight, encouragement or cueing provided 3+ times during last 7 days OR supervision plus physical assistance provided 1 or 2 times during last 7 days;
- c. (2) Limited assistance: Resident highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3+ times OR more help provided only 1 or 2 times during last 7 days;
- d. (3) Extensive assistance: While resident performed part of activity, over last 7-day period, help of following type or types was provided 3 or more times: weight-bearing support or full staff performance during part (but not all) of last 7 days;
- e. (4) Total dependence: Full staff performance of activity during entire 7 days; or
- f. (8) Activity did not occur during the entire 7-day period. Use of this code is limited to situations where the ADL activity was not performed and is primarily applicable to fully bedbound residents who neither transferred from bed nor moved between locations over the entire 7-day period.

3. Eating (§E(1)(e)). In order to meet this ADL, the individual must score a 1, 2, 3, 4, or 8 as described below:

- a. (0) Independent: No help or oversight OR help/oversight provided only 1 or 2 times during last 7 days;
- b. (1) Supervision: Oversight, encouragement or cueing provided 3+ times during last 7 days OR supervision plus physical assistance provided 1 or 2 times during last 7 days;
- c. (2) Limited assistance: Resident highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3+ times OR more help provided only 1 or 2 times during last 7 days;
- d. (3) Extensive assistance: While resident performed part of activity, over last 7-day period, help of following type or types was provided 3 or more times: weight-bearing support or full staff performance during part (but not all) of last 7 days;
- e. (4) Total dependence: Full staff performance of activity during entire 7 days;
- f. (8) (i) Activity did not occur during the entire 7-day period. Use of this code is limited to situations where the ADL activity was not performed and is primarily applicable to fully bedbound residents who neither transferred from bed nor moved between locations over the entire 7-day period, or (ii) one of the following is checked:
  - (A) §L(4)(a) Parenteral or intravenous
  - (B) §L(4)(b) Feeding tube
  - (C) §L(4)(d) Syringe (oral feeding).

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4. Toilet Use (§E(1)(f)). In order to meet this ADL, the individual must score a 1, 2, 3, 4, or 8 as described below:
  - a. (0) Independent: No help or oversight OR help/oversight provided only 1 or 2 times during last 7 days;
  - b. (1) Supervision: Oversight, encouragement or cueing provided 3+ times during last 7 days OR supervision plus physical assistance provided 1 or 2 times during last 7 days;
  - c. (2) Limited assistance: Resident highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3+ times OR more help provided only 1 or 2 times during last 7 days;
  - d. (3) Extensive assistance: While resident performed part of activity, over last 7-day period, help of following type or types was provided 3 or more times: weight-bearing support or full staff performance during part (but not all) of last 7 days;
  - e. (4) Total dependence: Full staff performance of activity during entire 7 days; or
  - f. (8) Activity did not occur during the entire 7-day period. Use of this code is limited to situations where the ADL activity was not performed and is primarily applicable to fully bedbound residents who neither transferred from bed nor moved between locations over the entire 7-day period.
  
5. Bathing (§E(3)(a)). To meet this ADL, the individual must score a 1, 2, 3, 4, or 8 as described below:
  - a. (0) Independent: no help provided;
  - b. (1) Supervision: oversight help only;
  - c. (2) Physical help limited to transfer only;
  - d. (3) Physical help in part of bathing activity;
  - e. (4) Total dependence; or
  - f. (8) Activity did not occur during the entire 7-day period. Use of this code is limited to situations where the ADL activity was not performed and is primarily applicable to fully bedbound residents who neither transferred from bed nor moved between locations over the entire 7-day period.
  
6. Bladder Continence (§F(1)(b)). In order to meet this ADL, the individual must score a 2, 3, or 4 in this category:
  - a. (0) Continent: Complete control
  - b. (1) Usually continent: incontinent episodes once a week or less
  - c. (2) Occasionally incontinent: 2+ times a week but not daily
  - d. (3) Frequently incontinent: tended to be incontinent daily, but some control present (e.g., on day shift)
  - e. (4) Incontinent: Had inadequate control; multiple daily episodes or
  - f. To meet this ADL, one of the following is checked:
    - (1) §F(3)(b) external catheter; or
    - (2) §F(3)(c) indwelling catheter.

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7. Bowel Continence (§F(1)(a)). In order to meet this ADL, the individual must score a 2, 3, or 4 in this category:

- a. (0) Continent: Complete control;
- b. (1) Usually continent: control problems less than weekly;
- c. (2) Occasionally incontinent: once a week;
- d. (3) Frequently incontinent: 2-3 times a week;
- e. (4) Incontinent: Had inadequate control all (or almost all) of the time; or
- f. To meet this ADL, §F(3)(h) ostomy is checked.

B. **Joint Motion** (§E(4)). In order to meet this category, at least one of the following must be CHECKED:

1. §E(4)(c) Contracture to arms, legs, shoulders, or hands;
2. (d) Hemiplegia/hemiparesis;
3. (e) Quadriplegia;
4. (f) Arm: partial or total loss of voluntary movement;
5. (g) Hand: lack of dexterity (e.g., problem using toothbrush or adjusting hearing aid);
6. (h) Leg: partial or total loss of voluntary movement;
7. (i) Leg: unsteady gait; or
8. (j) Trunk: partial or total loss of ability to position, balance, or turn body.

C. **Locomotion** (§E(1)(c)). In order to meet this ADL, the individual must score a 1, 2, 3, 4, or 8 in this category:

1. (0) Independent: No help or oversight OR help or oversight provided only 1 or 2 times during last 7 days;
2. (1) Supervision: Oversight, encouragement, or cueing provided 3+ times during last 7 days OR supervision plus physical assistance provided 1 or 2 times during last 7 days;
3. (2) Limited assistance: Resident highly involved in activity; received physical help in guided maneuvering of limbs or other non-weight bearing assistance 3+ times OR more help provided only 1 or 2 times during last 7 days;
4. (3) Extensive assistance: While resident performed part of activity, over last 7-day period, help of following type or types was provided 3 or more times: weight bearing support or full staff performance during part (but not all) of last 7 days;
5. (4) Total dependence: Full staff performance of activity during entire 7 days; or
6. (8) Activity did not occur during the entire 7-day period. Use of this code is limited to situations where the ADL activity was not performed and is primarily applicable to fully bedbound residents who neither transferred from bed nor moved between locations over the entire 7-day period.

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D. **Nursing Observation** In order to meet this category, at least one of the following special treatments, procedures, and skin conditions must be CHECKED:

1. §N(4)(a) Open lesions other than stasis or pressure ulcers (e.g., cuts):
  - (i) Wound care or treatment (e.g., pressure ulcer care, surgical wound); or
  - (ii) Other skin care or treatment.
2. §P(1)(a) Chemotherapy:
  - (i) Radiation;
  - (ii) Dialysis;
  - (iii) Suctioning;
  - (iv) Tracheostomy care;
  - (v) Intravenous medications;
  - (vi) Transfusions;
  - (vii) Oxygen; or
  - (viii) Other special treatment or procedure.

E. **Behavior and Orientation:** In order to meet this category, the individual must meet at least one of the categories for both behavior AND orientation.

1. Behavior. To meet the criteria for behavior, the individual must meet at least one of the following:
  - a. §H(1)(d) Failure to eat or take medications, withdrawal from self-care or leisure activities (must be CHECKED); or
  - b. One of the following is coded 1 (behavior of this type occurred less than daily) or 2 (behavior of this type occurred daily or more frequently):
    - (i) §H(3)(a) Wandering (moved with no rational purpose, seemingly oblivious to needs or safety);
    - (ii) §H(3)(b) Verbally abusive (others were threatened, screamed at, cursed at);
    - (iii) §H(3)(c) Physically abusive (others were hit, shoved, scratched, sexually abused); or
    - (iv) §H(3)(d) Socially inappropriate/disruptive behavior (made disrupting sounds, noisy, screams, self-abusive acts, sexual behavior or disrobing in public, smeared/threw food/feces, hoarding, rummaged through others' belongings).
2. Orientation: To meet this category, the individual must meet at least one of the following:
  - a. §B(3)(d) Awareness that the individual is in a nursing home is NOT CHECKED;
  - b. §B(3)(e) None of the memory/recall ability items are recalled must be CHECKED; OR



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- c. §B(4) Cognitive skills for daily decisionmaking must be coded with a 2 (moderately impaired; decisions poor; cue or supervision required) or 3 (severely impaired; never or rarely made decisions).

#### **ADULT SPECIALIZED CARE CRITERIA**

- A. The resident must have long-term health conditions requiring close medical supervision, 24 hours of licensed nursing care, AND specialized services or equipment.
- B. The targeted adult population for needing specialized care includes individuals requiring mechanical ventilation, individuals with communicable diseases requiring universal or respiratory precautions, individuals requiring ongoing intravenous medication or nutrition administration, and individuals requiring comprehensive rehabilitative therapy services.
- C. To meet specialized care criteria, the individual must require at a minimum:
  1. Physician visits at least once weekly;
  2. Licensed nursing services 24 hours a day (a registered nurse must be on the nursing unit on which the resident resides, 24 hours a day, whose sole responsibility is the designated unit); and
  3. A coordinated multidisciplinary team approach to meet needs.
- D. In addition, the individual must meet one of the following requirements:
  1. Must require two out of three of the following rehabilitative services: physical therapy, occupational therapy, speech-pathology services; therapy must be provided at a minimum of four (4) therapy sessions (minimum of 30 minutes per session) per day, five (5) days per week; the individual must demonstrate progress in the overall rehabilitative plan of care on a monthly basis;
  - or -
  2. Must require special equipment such as mechanical ventilators, respiratory therapy equipment (that has to be supervised by a licensed nurse or respiratory therapist), monitoring device (respiratory or cardiac), kinetic therapy;
  - or -
  3. Individuals who require at least one of the following special services:
    - (a) Ongoing administration of intravenous medications or nutrition (i.e., TPN, antibiotic therapy, narcotic administration, etc.);

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- (b) Special infection control precautions (universal or respiratory precaution; this does not include handwashing precautions only);
- (c) Dialysis treatment that is provided on-unit (i.e., peritoneal dialysis);
- (d) Daily respiratory therapy treatments that must be provided by a skilled nurse or a respiratory therapist;
- (e) Extensive wound care requiring debridement, irrigation, packing, etc., more than two times a day (i.e., grade IV decubitus; large surgical wounds that cannot be closed, second or third degree burns covering more than 10% of the body); or
- (f) Multiple unstable ostomies (a single ostomy does not constitute a requirement for special care) requiring frequent care (i.e., suctioning every hour; stabilization of feeding; stabilization of elimination, etc.).

#### **PEDIATRIC/ADOLESCENT SPECIALIZED CARE CRITERIA**

- A. The child must have ongoing health conditions requiring close medical supervision, 24 hours of licensed nursing supervision, AND specialized services or equipment. The recipient must be age 21 or under.
- B. The targeted children's population for specialized care includes children requiring mechanical ventilation, children with communicable diseases requiring universal or respiratory precautions (excluding normal childhood diseases such as chicken pox, measles, strep throat, etc.), children requiring ongoing intravenous medication or nutrition administration, children requiring daily dependence on device-based respiratory or nutritional support (tracheostomy, gastrostomy, etc.), children requiring comprehensive rehabilitative therapy services, and children with terminal illness.
- C. The child must require at a minimum:
  - 1. Physician visits at least once weekly;
  - 2. Licensed nursing services 24 hours a day (a registered nurse must be on the nursing unit on which the child is residing, 24 hours a day, whose sole responsibility is that nursing unit);
  - 3. Coordinated multidisciplinary team approach to meet needs; and
  - 4. The nursing home must coordinate with appropriate state and local agencies for the educational and habilitative needs of the child. These services must be age appropriate and appropriate to the cognitive level of the child. Services must also be individualized to meet the specific needs of the child and must be provided in an organized and proactive manner.

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Services may include, but are not limited to, school, active treatment for mental retardation, habilitative therapies, social skills, and leisure activities. The services must be provided for a total of two (2) hours per day, minimum. (Educational and habilitative services are not reimbursable by Medicaid.)

D. In addition, the child must meet one of the following requirements:

1. Must require two out of three of the following physical rehabilitative services: physical therapy, occupational therapy, or speech-pathology services; therapy must be provided at a minimum of six (6) therapy sessions (minimum of 15 minutes per session) per day, five (5) days per week; the child must demonstrate progress in overall rehabilitative plan of care on a monthly basis.

- or -

2. Must require special equipment such as mechanical ventilators, respiratory therapy equipment (that has to be supervised by licensed nurse or respiratory therapist), a monitoring device (respiratory or cardiac), kinetic therapy, etc.

- or -

3. Children who require at least one of the following special services:
  - (a) Ongoing administration of intravenous medications or nutrition (i.e., TPN, antibiotic therapy, narcotic administration, etc.);
  - (b) Special infection control precautions (universal or respiratory precaution; this does not include handwashing precautions only or isolation for normal childhood diseases such as measles, chicken pox, strep throat, etc.);
  - (c) Dialysis treatment that is provided within the home (i.e. peritoneal dialysis);
  - (d) Daily respiratory therapy treatments that must be provided by a licensed nurse or a respiratory therapist;
  - (e) Extensive wound care requiring debridement, irrigation, packing, etc. more than two times a day (i.e., grade IV decubitus; large surgical wounds that cannot be closed; second or third degree burns covering more than 10% of the body);
  - (f) Ostomy care requiring services by a licensed nurse; and
  - (g) Care for terminal illness.

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## **CRITERIA FOR CARE IN FACILITIES FOR MENTALLY RETARDED PERSONS**

- A. Utilization Control regulations require that criteria be formulated for guidance for appropriate levels of services. Traditionally, care for the mentally retarded has been institutionally based; however, this level of care need not be confined to a specific setting. The habilitative and health needs of the client are the determining issues.
- B. The purpose of these regulations is to establish standard criteria to measure eligibility for Medicaid payment. Medicaid can pay for care only when the client is receiving appropriate services and when "active treatment" is being provided. An individual's need for care must meet these criteria before any authorization for payment by Medicaid will be made for either institutional or waived rehabilitative services for the mentally retarded.
- C. Care in facilities for the mentally retarded requires planned programs for habilitative needs and/or health related services which exceed the level of room, board, and supervision of daily activities.

Such care is a combination of habilitative, rehabilitative, and health services directed toward increasing the functional capacity of the retarded person. Examples of services will include training in the activities of daily living, task-learning skills, socially acceptable behaviors, basic community living programming, or health care and health maintenance. The overall objective of programming shall be the attainment of the optimal physical, intellectual, social, or task-learning level which the person can presently or potentially achieve.

- D. The evaluation and re-evaluation for care in a home for the mentally retarded are based on the needs of the person, the reasonable expectations of the resident's capabilities, the appropriateness of programming, and whether progress is demonstrated from the training and, in an institution, whether the services could reasonably be provided in a less restrictive environment.

## **DEFINITIONS**

As used in these criteria, the following terminology is defined:

"NO ASSISTANCE" means no help is needed.

"PROMPTING/STRUCTURING" means prior to functioning, some verbal direction and/or some rearrangement of the environment is needed.

"SUPERVISION" means that a helper must be present during the function and provide only verbal direction, gestural prompts, and/or guidance.

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“SOME DIRECT ASSISTANCE” means that a helper must be present and provide some physical guidance/support (with or without verbal direction).

“TOTAL CARE” means that a helper must perform all or nearly all of the functions.

“RARELY” means that a behavior occurs quarterly or less.

“SOMETIMES” means that a behavior occurs once a month or less.

“OFTEN” means that a behavior occurs 2-3 times a month.

“REGULARLY” means that a behavior occurs weekly or more.

## **PATIENT ASSESSMENT CRITERIA**

- A. The patient assessment criteria are divided into broad categories of needs or services provided. These must be evaluated in detail to determine the abilities/skills which will be the basis for the development of a plan of care. The evaluation process will demonstrate a need for programming an array of skills and abilities or health care services. These have been organized into seven major categories. The level of functioning in each category is graded from the most dependent to the least dependent. In some categories, the dependency status is rated by the degree of assistance required. In other categories, the dependency is established by the frequency of a behavior or ability to perform a given task.
- B. The resident must meet the indicated dependency level in TWO OR MORE of categories 1 through 7.
  1. Health Status - To meet this category
    - (a.) Two or more questions must be answered with a 4, OR
    - (b.) Question “j” must be answered “yes”.
  2. Communication Skills - To meet this category

Three or more questions must be answered with a 3 or a 4.
  3. Task Learning Skills - To meet this category

Three or more questions must be answered with a 3 or a 4.
  4. Personal Care - To meet this category
    - (a.) Question “a” must be answered with a 4 or a 5, OR
    - (b.) Question “b” must be answered with a 4 or a 5, OR
    - (c.) Questions “c” and “d” must be answered with a 4 or a 5.

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5. Mobility - To meet this category

Any one question must be answered with a 4 or a 5.

6. Behavior - To meet this category

Any one question must be answered with a 3 or a 4.

7. Community Living - To meet this category

(a.) Any two of the questions “b”, “e”, or “g” must be answered with a 4 or a 5, OR

(b.) Three or more questions must be answered with a 4 or a 5.

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## LEVEL OF FUNCTIONING SURVEY

### 1. HEALTH STATUS

How often is nursing care or nursing supervision by a licensed nurse required for the following? (Key: 1=Rarely, 2=Sometimes, 3=Often, and 4=Regularly)

- |    |  |   |   |   |   |
|----|--|---|---|---|---|
| a. | Medication administration and/or evaluation for effectiveness of a medication regimen                                | 1 | 2 | 3 | 4 |
| b. | Direct services: i.e., care for lesions, dressings, treatments, (other than shampoos, foot powder, etc.)             | 1 | 2 | 3 | 4 |
| c. | Seizure control  | 1 | 2 | 3 | 4 |
| d. | Teaching diagnosed disease control and care, including diabetes  | 1 | 2 | 3 | 4 |
| e. | Management of care of diagnosed circulatory or respiratory problems  | 1 | 2 | 3 | 4 |
| f. | Motor disabilities which interfere with all activities of Daily Living - Bathing Dressing, Mobility, Toileting, etc. | 1 | 2 | 3 | 4 |
| g. | Observation for choking/aspiration while eating, drinking  | 1 | 2 | 3 | 4 |
| h. | Supervision of use of adaptive equipment, i.e., special spoon, braces, etc.  | 1 | 2 | 3 | 4 |
| i. | Observation for nutritional problems (i.e., undernourishment, swallowing difficulties, obesity)                      | 1 | 2 | 3 | 4 |
| j. | Is age 55 or older, has a diagnosis of a chronic disease and has been in an institution 20 years or more             | 1 | 2 | 3 | 4 |

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## 2. COMMUNICATION

Using the key 1=regularly, 2=often, 3=sometimes, 4=rarely, how often does this person

- |    |   |   |   |   |   |
|----|---|---|---|---|---|
| a. | Indicate wants by pointing, vocal noises, or signs?   | 1 | 2 | 3 | 4 |
| b. | Use simple words, phrases, short sentences?   | 1 | 2 | 3 | 4 |
| c. | Ask for at least 10 things using appropriate names?   | 1 | 2 | 3 | 4 |
| d. | Understand simple words, phrases or instructions containing prepositions: i.e., "on" "in" "behind"? | 1 | 2 | 3 | 4 |
| e. | Speak in an easily understood manner?   | 1 | 2 | 3 | 4 |
| f. | Identify self, place of residence, and significant others?  | 1 | 2 | 3 | 4 |

## 3. TASK LEARNING SKILLS

How often does this person perform the following activities (Key: 1=regularly, 2=often, 3=sometimes, 4=rarely)

- |    |   |   |   |   |   |
|----|---|---|---|---|---|
| a. | Pay attention to purposeful activities for 5 minutes? | 1 | 2 | 3 | 4 |
| b. | Stay with a 3 step task for more than 15 minutes?     | 1 | 2 | 3 | 4 |
| c. | Tell time to the hour and understand time intervals?  | 1 | 2 | 3 | 4 |
| d. | Count more than 10 objects?                           | 1 | 2 | 3 | 4 |
| e. | Do simple addition, subtraction?                      | 1 | 2 | 3 | 4 |
| f. | Write or print 10 words?                              | 1 | 2 | 3 | 4 |
| g. | Discriminate shapes, sizes, or colors?                | 1 | 2 | 3 | 4 |
| h. | Name people or objects when describing pictures?      | 1 | 2 | 3 | 4 |
| i. | Discriminate between "one," "many," "lot"?            | 1 | 2 | 3 | 4 |



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#### 4. PERSONAL/SELF-CARE

With what type of assistance can this person currently (Key: 1=No Assistance, 2=Prompting/Structuring, 3=Supervision, 4=Some Direct Assistance, 5=Total Care)

- (a.) Perform toileting functions: i.e., maintain bladder and bowel continence, clean self, etc? 1 2 3 4 5
- (b.) Perform eating/feeding functions: i.e., drink liquids and eat with spoon or fork, etc.? 1 2 3 4 5
- (c.) Perform bathing function: i.e., bathe, run bath, dry self, etc.? 1 2 3 4 5
- (d.) Dress self completely: i.e., including fastening and putting on clothes? 1 2 3 4 5

#### 5. MOBILITY

With what type of assistance can this person currently (Key: 1=No Assistance, 2=Prompting/Structuring, 3=Supervision, 4=Some Direct Assistance, 5=Total Care)

- (a.) Move (walking, wheeling) around environment? 1 2 3 4 5
- (b.) Rise from lying down to sitting positions, sit without support? 1 2 3 4 5
- (c.) Turn and position in bed, roll over? 1 2 3 4 5

#### 6. BEHAVIOR

How often does this person (Key: 1=Rarely, 2=Sometimes, 3=Often, 4=Regularly)

- (a.) Engage in self-destructive behavior? 1 2 3 4
- (b.) Threaten or do physical violence to others? 1 2 3 4
- (c.) Throw things, damage property, have temper outbursts? 1 2 3 4
- (d.) Respond to others in a socially unacceptable manner - (without undue anger, frustration, or hostility) 1 2 3 4

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## 7. COMMUNITY LIVING SKILLS

With what type of assistance would this person currently be able to (Key: 1=No Assistance, 2=Prompting/Structuring, 3=Supervision, 4=Some Direct Assistance, 5=Total Care)

- |    |  |   |   |   |   |   |
|----|--|---|---|---|---|---|
| a. | Prepare simple foods requiring no mixing or cooking?   | 1 | 2 | 3 | 4 | 5 |
| b. | Take care of personal belongings, room (excluding vacuuming, ironing, clothes, washing/drying, wet mopping)? | 1 | 2 | 3 | 4 | 5 |
| c. | Add coins of various denominations up to one dollar?   | 1 | 2 | 3 | 4 | 5 |
| d. | Use the telephone to call home, doctor, fire, police?  | 1 | 2 | 3 | 4 | 5 |
| e. | Recognize survival signs/words: i.e., stop, go, traffic lights, police, men, women, restrooms, danger, etc.? | 1 | 2 | 3 | 4 | 5 |
| f. | Refrain from exhibiting unacceptable sexual behavior in public?  | 1 | 2 | 3 | 4 | 5 |
| g. | Go around cottage, ward, building, without running away, wandering off, or becoming lost?                    | 1 | 2 | 3 | 4 | 5 |
| h. | Make minor purchases: i.e., candy, soft drink, etc.?   | 1 | 2 | 3 | 4 | 5 |